



# केन्द्रीय माध्यमिक शिक्षा बोर्ड

( शिक्षा मंत्रालय, भारत सरकार के अधीन एक स्वायत्त संगठन )

## CENTRAL BOARD OF SECONDARY EDUCATION

(An Autonomous Organisation under the Ministry of Education, Govt. of India)



CBSE/M&PR/Counseling/Mapping/2024

26.06.2024

### All the Heads of Schools Affiliated to CBSE

### Sub: Enhancing Counseling & Wellbeing Services in CBSE Affiliated Schools

Dear Principal,

In accordance with clause 2.4.12 (Counselor & Wellness Teacher) of the CBSE Affiliation Bye-Laws, schools seeking affiliation must meet the following requirement:

*"Every Secondary and Senior Secondary school shall appoint a person on full time basis for performing the duties of Counselor & Wellness Teacher. The person appointed as Counselor and wellness teacher shall be either a Graduate/Post Graduate in psychology or Post Graduate in Child Development or Graduate/Post Graduate with Diploma in Career Guidance and Counseling. Schools having enrolment of less than 300 students in classes from IX to XII can appoint a Counselor & Wellness Teacher on part-time basis."*

The National Education Policy 2020 also emphasizes the importance of counseling systems in educational institutions to manage stress and emotional adjustments. According to clause 12.4 of NEP 2020, professional academic and career counseling must be available to all students, along with counselors to ensure their physical, psychological, and emotional well-being. Clause 6.19 of NEP 2020 further provides that all participants in the school education system, including teachers, principals, administrators, counselors, and students, must be sensitized to the needs of all students, promoting inclusion, equity, respect, dignity, and privacy.

In line with the stipulations of the Affiliation Bye-Laws and the objectives of holistic development and well-being of students and the school community, CBSE is launching an initiative to map the current counseling and well-being services in CBSE schools. This initiative aims to enhance the support systems that nurture the mental and emotional health of our students. By participating in this survey, your school will contribute to a nationwide effort to update and improve these services, ensuring that every student benefits from a robust support system.

To evaluate the current counseling and well-being services available in schools across India and to help plan strategies and interventions by CBSE, a **Mapping Questionnaire** has been provided at the following link: <https://forms.gle/1eQZMxV8VZyw1B8E8>. All CBSE-affiliated schools are required to mandatorily complete this questionnaire by **6 July, 2024**.

Our collective efforts will help in creating a nurturing educational environment that not only focuses on academic excellence but also on the overall psycho-social well-being of our future generations.

Thank you for your cooperation and commitment to the holistic development of our students.

With regards,

(Himanshu Gupta)  
Secretary



"शिक्षा केन्द्र", 2, सामुदायिक केन्द्र, प्रीत विहार, दिल्ली-110092  
"SHIKSHA KENDRA" 2, COMMUNITY CENTRE, PREET VIHAR, DELHI-110092





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**Copy to the respective Heads of Schools, Directorates, Organizations and Institutions as indicated below with a request to disseminate the information to all the schools under their jurisdiction:**

1. The Commissioner, Kendriya Vidyalaya Sangathan, 18 Institutional Area, Shaheed Jeet Singh Marg, New Delhi-16
2. The Commissioner, Navodaya Vidyalaya Samiti, B-15, Sector-62, Institutional Area, Noida-201309
3. The Secretary, Eklavya Model Residential Schools (EMRS), Ministry of Tribal Affairs, Government of India.
4. The Secretary, Sainik Schools Society, Room No. 101, D-1 Wing, Sena Bhawan, New Delhi-110001
5. The Chairman, Odisha Adarsha Vidyalaya Sangathan, N-1/9, Near Doordarshan Kendra, PO Sainik School Nayapalli, Bhubaneswar, Odisha-751005
6. The Director of Education, Directorate of Education, Govt. of NCT of Delhi, Old Secretariat, Delhi-110 054
7. The Director of Public Instructions (Schools), Union Territory Secretariat, Sector 9, Chandigarh-160017
8. The Director of Education, Govt. of Sikkim, Gangtok, Sikkim –7371019
9. The Director of School Education, Govt. of Arunachal Pradesh, Itanagar –791111
10. The Director of Education, Govt. of A&N Islands, Port Blair – 744101
11. The Director of School Education, Ladakh, Room No.101-102, Ground Floor, Council Secretariat, Kurbathang, Kargil - Ladakh
12. The Director of School Education, Andhra Pradesh, 3rd Floor, B block, Anjaneya Towers, VTPS Rd, Bhimaraju Gutta, Ibrahimpattanam, Andhra Pradesh – 521456
13. The Director, Central Tibetan School Administration, ESSESS Plaza, Community Centre, Sector -3, Rohini, Delhi
14. The Additional Director General of Army Education, A –Wing, Sena Bhawan, DHQ, PO, New Delhi-110001
15. The Secretary AWES, Integrated Headquarters of MoD (Army), FDRC Building No. 202, Shankar Vihar (Near APS), Delhi Cantt-110010
16. The State Project Director, Odisha Adarsha Vidyalaya Sangathan, N-1/9, Nayapalli, P.O. Sainik School, Bhubaneswar, District- Khorda, Odisha-751005
17. DS to the Chairperson, CBSE
18. All the Directors/ Controller of Examinations/ CVO, CBSE
19. All Regional Directors/ Regional Officers of CBSE with the request to send this circular to all the Heads of the affiliated schools of the Board in their respective regions.
20. All Joint Secretary/ Deputy Secretary/ Under Secretary/ Assistant Secretary, CBSE
21. All Head(s)/ In-Charge(s), Centre of Excellence, CBSE
22. Joint Secretary (IT Unit) with the request to upload this circular on the CBSE Website.

**Secretary**



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