



केन्द्रीय माध्यमिक शिक्षा बोर्ड
(शिक्षा मंत्रालय, भारत सरकार के अधीन एक स्वायत्त संगठन)
CENTRAL BOARD OF SECONDARY EDUCATION
(An Autonomous Organisation under the Ministry of Education, Govt. of India)

No: CBSE/M&PR/Counseling/2025

Date: 16.07.2025

To

All Principals / Heads of Schools
Affiliated to CBSE

Subject: Orientation Program on Parenting for Student Wellness and Growth-reg.

Dear Sir/Madam,

In line with the National Education Policy (NEP) 2020, CBSE has been conducting orientation programs to enhance school-parent collaboration and planned activities, recognizing the crucial role of parenting in students' holistic development. As part of this effort, CBSE recently introduced the *Parenting Calendar 2025-26*, a flexible framework promoting parental engagement in academics, emotional well-being, and life skills through age-appropriate activities and structured interactions.

To further this initiative and address emerging concerns around child safety, mental health, and evolving parent-child dynamics, CBSE is organizing an **offline Orientation Program** on "**Parenting for Student Wellness and Growth**" for Principals/Vice-Principals/Counselors/Wellness Teachers of CBSE schools in the **Patna region**. The workshop will focus on key areas such as psychological development, effective communication, balancing discipline with empathy, and creating a supportive environment for students.

Workshop Details:

- **Date:** 26 July 2025 (Saturday)
- **Time:** 10:00 AM – 2:00 PM (Participants may arrive by 9:30 AM)
- **Venue:** D.A.V. Public School, BSEB Patna, BSEB Colony, New Punaichak, Patna, Bihar - 800023
- **Registration fee:** Nil

Interested Principals/Vice-Principals/Counselors/Wellness Teachers may register through the following link:
<https://forms.gle/u9YYW6Xh1Apysdsr5>

Participation will be limited and will be on a first-come, first-served basis. Confirmation emails will be sent to the selected participants.

Your participation will go a long way in enhancing the well-being and future readiness of our students. For queries, email us at cbse.counseling@gmail.com

With best wishes,

(Himanshu Gupta)
Secretary



के. मा. शि. बो., एकीकृत कार्यालय परिसर, सेक्टर-23, फेज-1, द्वारका, नई दिल्ली-110077
CBSE INTEGRATED OFFICE COMPLEX, SECTOR-23, PHASE-1, DWARKA, NEW DELHI-110077

Phone (off.) : 011-24050336-42, Website: www.cbse.gov.in





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Copy to the respective Heads of Schools, Directorates, Organizations and Institutions as indicated below with a request to disseminate the information to all the schools under their jurisdiction:

1. The Commissioner, Kendriya Vidyalaya Sangathan, 18 Institutional Area, Shaheed Jeet Singh Marg, New Delhi-16
2. The Commissioner, Navodaya Vidyalaya Samiti, B-15, Sector-62, Institutional Area, Noida-201309
3. The Secretary, Eklavya Model Residential Schools (EMRS), Ministry of Tribal Affairs, Government of India
4. The Secretary, Sainik Schools Society, Room No. 101, D-1 Wing, Sena Bhawan, New Delhi-110001
5. The Chairman, Odisha Adarsha Vidyalaya Sangathan, N-1/9, Near Doordarshan Kendra, PO Sainik School Nayapalli, Bhubaneswar, Odisha-751005
6. The Director of Education, Directorate of Education, Govt. of NCT of Delhi, Old Secretariat, Delhi-110054
7. The Director of Public Instructions (Schools), Union Territory Secretariat, Sector 9, Chandigarh-160017
8. The Director of Education, Govt. of Sikkim, Gangtok, Sikkim –737101
9. The Director of School Education, Govt. of Arunachal Pradesh, Itanagar –791111
10. The Director of Education, Govt. of A&N Islands, Port Blair – 744101
11. The Director of School Education, Ladakh, Room No.101-102, Ground Floor, Council Secretariat, Kurbathang, Kargil - Ladakh
12. The Director of School Education, Andhra Pradesh, 3rd Floor, B block, Anjaneya Towers, VTPS Rd, Bhimaraju Gutta, Ibrahimpatnam, Andhra Pradesh – 521456
13. The Director, Central Tibetan School Administration, ESSESS Plaza, Community Centre, Sector -3, Rohini, Delhi
14. The Additional Director General of Army Education, A –Wing, Sena Bhawan, DHQ, PO, New Delhi-110001
15. The Secretary AWES, Integrated Headquarters of MoD (Army), FDRC Building No. 202, Shankar Vihar (Near APS), Delhi Cantt. -110010
16. The State Project Director, Odisha Adarsha Vidyalaya Sangathan, N-1/9, Nayapalli, P.O. Sainik School, Bhubaneswar, District- Khorda, Odisha-751005
17. DS to the Chairperson, CBSE
18. All the Directors/ HODs, CBSE
19. All Regional Directors/ Regional Officers of CBSE with the request to send this circular to all the Heads of affiliated schools of the Board in their respective regions.
20. All Joint Secretary/ Deputy Secretary/ Under Secretary/ Assistant Secretary, CBSE
21. All Head(s)/ In-Charge(s), Centre of Excellence, CBSE
22. Joint Secretary (IT Unit), CBSE with the request to upload this circular on the CBSE Website

Secretary



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