



केन्द्रीय माध्यमिक शिक्षा बोर्ड CENTRAL BOARD OF SECONDARY EDUCATION

No. : CBSE/M&PR/Counseling/2024

05.09.2024

**All the Principals/Heads of Schools/
Institutions affiliated to CBSE**

Sub: "Workshop for Principals / Head of Schools on Parenting for students' well-being"

Sir/Ma'am,

As we navigate the evolving educational landscape, the importance of effective parenting has never been more crucial. The goals envisaged in National Education Policy (NEP) 2020 ask for the critical role that schools, parents and community play in the holistic development of the children. It is essential that we cultivate a collaborative approach between schools and families to nurture our future generations.

In today's rapidly changing world, challenges in child safety, emotional well-being, and parent-teen relationships are more prevalent than ever, highlighting the urgent need for updated parenting strategies. In this dynamic environment, workshops serve as vital platforms to learn, connect, and adapt. These spaces empower stakeholders with the knowledge, resources, and support needed to navigate modern parenting challenges, fostering a culture of mindful parenting. By bridging generational gaps and encouraging open dialogue, we can cultivate stronger, more compassionate relationships, paving the way for a brighter future for our children.

In this light, CBSE is organizing an **offline "Workshop for Principals / Head of Schools on Parenting for students' well-being"** designed for Principals of all CBSE schools in Delhi/NCR region and aims to provide them with essential insights into effective parenting strategies. The details are given below:

Date & Day : 26 September (Thursday)
Time Duration : 10:30 am to 01:30 pm
Venue : Sardar Patel Vidyalaya, Lodi Estate, New Delhi-110003

The workshop will cover key topics, including the following:

- Understanding child psychology
- Effective communication between parents and children
- Balancing discipline with empathy
- Supporting children's educational journeys

The Principals are requested to register for participation in the workshop through Google Form <https://forms.gle/sx2kCvBpjrJrHPom9> It's a limited participation and would be on a first-come, first-served basis.

The workshop recording will also be available on CBSE's official YouTube channel- <http://www.youtube.com/@cbsehq1905> In case of any query, please contact us at cbse.counseling@gmail.com

(Himanshu Gupta)
Secretary



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Copy to the respective Heads of Schools, Directorates, Organizations and Institutions as indicated below with a request to disseminate the information to all the schools under their jurisdiction:

1. The Commissioner, Kendriya Vidyalaya Sangathan, 18 Institutional Area, Shaheed Jeet Singh Marg, New Delhi-16
2. The Commissioner, Navodaya Vidyalaya Samiti, B-15, Sector-62, Institutional Area, Noida-201309
3. The Secretary, Eklatva Model Residential Schools (EMRS), Ministry of Tribal Affairs, Government of India
4. The Secretary, Sainik Schools Society, Room No. 101, D-1 Wing, Sena Bhawan, New Delhi-110001
5. The Chairman, Odisha Adarsha Vidyalaya Sangathan, N-1/9, Near Doordarshan Kendra, PO Sainik School Nayapalli, Bhubaneswar, Odisha-751005
6. The Director of Education, Directorate of Education, Govt. of NCT of Delhi, Old Secretariat, Delhi-110054
7. The Director of Public Instructions (Schools), Union Territory Secretariat, Sector 9, Chandigarh-160017
8. The Director of Education, Govt. of Sikkim, Gangtok, Sikkim -737101
9. The Director of School Education, Govt. of Arunachal Pradesh, Itanagar -791111
10. The Director of Education, Govt. of A&N Islands, Port Blair - 744101
11. The Director of School Education, Ladakh, Room No.101-102, Ground Floor, Council Secretariat, Kurbathang, Kargil - Ladakh
12. The Director of School Education, Andhra Pradesh, 3rd Floor, B block, Anjaneya Towers, VTPS Rd, Bhimaraju Gutta, Ibrahimpatnam, Andhra Pradesh - 521456
13. The Director, Central Tibetan School Administration, ESSESS Plaza, Community Centre, Sector -3, Rohini, Delhi
14. The Additional Director General of Army Education, A -Wing, Sena Bhawan, DHQ, PO, New Delhi-110001
15. The Secretary AWES, Integrated Headquarters of MoD (Army), FDRC Building No. 202, Shankar Vihar (Near APS), Delhi Cantt. -110010
16. The State Project Director, Odisha Adarsha Vidyalaya Sangathan, N-1/9, Nayapalli, P.O. Sainik School, Bhubaneswar, District- Khorda, Odisha-751005
17. DS to the Chairperson, CBSE
18. All the Directors/ Controller of Examinations/ HODs, CBSE
19. All Regional Directors/ Regional Officers of CBSE with the request to send this circular to all the Heads of the affiliated schools of the Board in their respective regions.
20. All Joint Secretary/ Deputy Secretary/ Under Secretary/ Assistant Secretary, CBSE
21. All Head(s)/ In-Charge(s), Centre of Excellence, CBSE
22. Joint Secretary (IT Unit) with the request to upload this circular on the CBSE Website


Secretary