



Circular

Enhancing Mental Health Support in Educational Settings through Collaboration and Leadership

In observance of World Mental Health Week (4th October to 10th October 2024), and following the successful National Counselors' Conclave on "Shaping the Landscape of Well-Being in Schools" held on 11th September 2024, CBSE is organizing another virtual Conclave on 4th October 2024. This initiative is part of a broader effort to promote mental health awareness and support within school communities across the country.

The upcoming Conclave will delve into crucial aspects of mental health support in educational settings.

Topics include:

- **Global Support Systems for School Mental Health:** Exploring best practices and innovative approaches.
- **Strategies for Supporting Students with Psychosocial Challenges:** Fostering emotional resilience and adjustment through collaboration between teachers, counselors, and families.
- **Leadership in Mental Health:** Highlighting the vital role of school principals in creating a supportive and inclusive environment.

Aligned with the vision of the National Education Policy (NEP) 2020, this session aims to empower school leaders and counselors to address students' psychosocial needs effectively. By enhancing professional skills through training, development, and the exchange of best practices, the Conclave underscores the importance of mental health in achieving holistic education goals.

Event Details:

This online Conclave is scheduled as follows:

Date and Day : 04 October, 2024 (Friday)

Time : 03:00 PM to 04:00 PM

Participation link : <https://cbse.webex.com/cbse/j.php?MTID=mee929d960418cfb2cded503175a80f45>

(In case the participation link does not open, simply copy and paste into your browser's address bar)

We encourage the maximum online participation of all Principals and Heads of affiliated schools, along with their school counselors, teachers and wellness educators, in this Virtual Conclave. Please note that participation is limited to 1,000 participants from CBSE schools, available on a first-come, first-served basis.

For those unable to attend, recording of the Conclave will be available on CBSE's official YouTube channel: <http://www.youtube.com/@cbsehq1905>.

(Himanshu Gupta)
Secretary



केन्द्रीय माध्यमिक शिक्षा बोर्ड

(शिक्षा मंत्रालय, भारत सरकार के अधीन एक स्वायत्त संगठन)

CENTRAL BOARD OF SECONDARY EDUCATION

(An Autonomous Organisation under the Ministry of Education, Govt. of India)



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Copy to the respective Heads of Schools, Directorates, Organizations and Institutions as indicated below with a request to disseminate the information to all the schools under their jurisdiction:

1. The Commissioner, Kendriya Vidyalaya Sangathan, 18 Institutional Area, Shaheed Jeet Singh Marg, New Delhi-16
2. The Commissioner, Navodaya Vidyalaya Samiti, B-15, Sector-62, Institutional Area, Noida-201309
3. The Secretary, Eklavya Model Residential Schools (EMRS), Ministry of Tribal Affairs, Government of India.
4. The Secretary, Sainik Schools Society, Room No. 101, D-1 Wing, Sena Bhawan, New Delhi-110001
5. The Chairman, Odisha Adarsha Vidyalaya Sangathan, N-1/9, Near Doordarshan Kendra, PO Sainik School Nayapalli, Bhubaneswar, Odisha-751005
6. The Director of Education, Directorate of Education, Govt. of NCT of Delhi, Old Secretariat, Delhi-110 054
7. The Director of Public Instructions (Schools), Union Territory Secretariat, Sector 9, Chandigarh-160017
8. The Director of Education, Govt. of Sikkim, Gangtok, Sikkim –737101
9. The Director of School Education, Govt. of Arunachal Pradesh, Itanagar –791111
10. The Director of Education, Govt. of A&N Islands, Port Blair – 744101
11. The Director of School Education, Ladakh, Room No.101-102, Ground Floor, Council Secretariat, Kurbathang, Kargil - Ladakh
12. The Director of School Education, Andhra Pradesh, 3rd Floor, B block, Anjaneya Towers, VTPS Rd, Bhimaraju Gutta, Ibrahimpatnam, Andhra Pradesh – 521456
13. The Director, Central Tibetan School Administration, ESSESS Plaza, Community Centre, Sector -3, Rohini, Delhi
14. The Additional Director General of Army Education, A –Wing, Sena Bhawan, DHQ, PO, New Delhi-110001
15. The Secretary AWES, Integrated Headquarters of MoD (Army), FDRC Building No. 202, Shankar Vihar (Near APS), Delhi Cantt-110010
16. The State Project Director, Odisha Adarsha Vidyalaya Sangathan, N-1/9, Nayapalli, P.O. Sainik School, Bhubaneswar, District- Khorda, Odisha-751005
17. DS to the Chairperson, CBSE
18. All the Directors/ Controller of Examinations/ HODs, CBSE
19. All Regional Directors/ Regional Officers of CBSE with the request to send this circular to all the Heads of the affiliated schools of the Board in their respective regions.
20. All Joint Secretary/ Deputy Secretary/ Under Secretary/ Assistant Secretary, CBSE
21. All Head(s)/ In-Charge(s), Centre of Excellence, CBSE
22. Joint Secretary (IT Unit) with the request to upload this circular on the CBSE Website

Secretary



"शिक्षा केन्द्र", 2, सामुदायिक केन्द्र, प्रीत विहार, दिल्ली-110092
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