



02.05.2019

**PRESS NOTE**

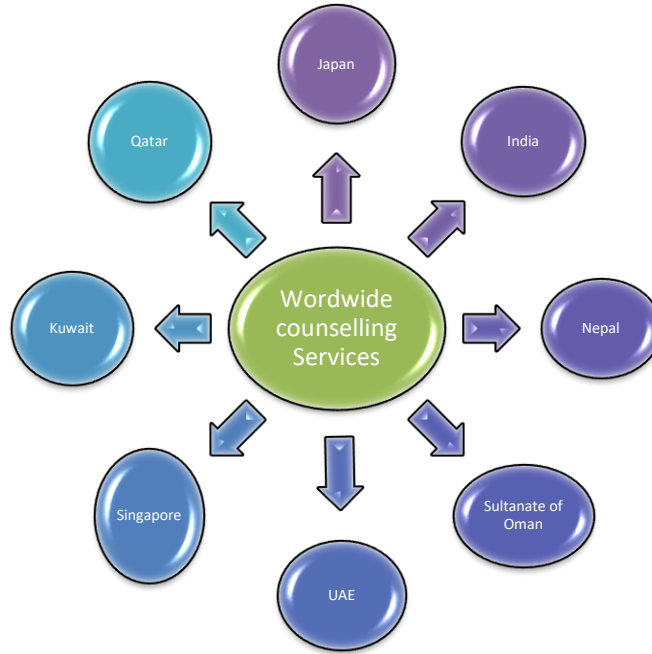
**POST-RESULT CBSE ANNUAL COUNSELLING  
STARTS FROM 02<sup>nd</sup> May TO 16<sup>th</sup> May 2019**

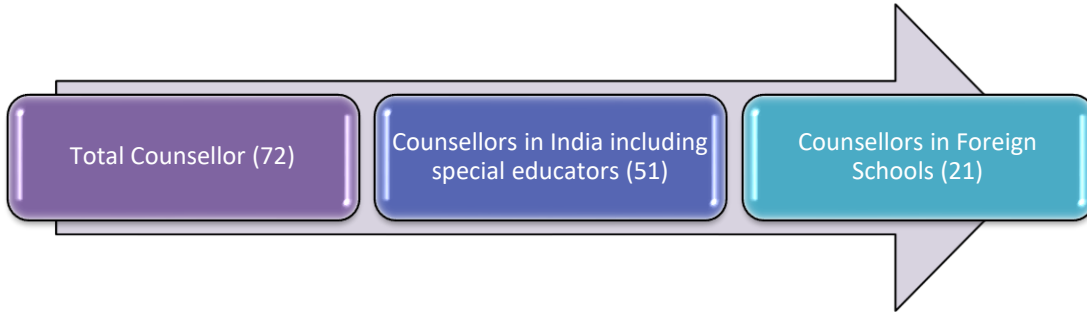
The CBSE counselling is an outreach programme which caters to the heterogeneous students' population and vast geographical network of schools.

**The Post-Result CBSE counselling will begin from 02<sup>nd</sup> May and continue till 16<sup>th</sup> May 2019 daily from 8 am to 10 pm on all days.** For the 22<sup>nd</sup> consecutive year CBSE will be providing counselling services to students and parents to overcome common psychological problems and general queries related to Class X and XII results.

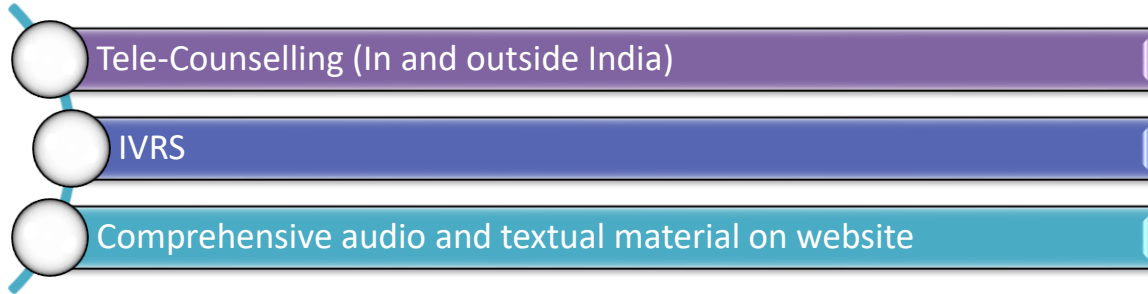
**CBSE Tele-Helpline- 2<sup>nd</sup> Phase**

During the 2nd Phase, 72 Principals and trained counsellors from within CBSE affiliated schools located in and outside India will provide **voluntary and free of cost service on behalf of Board.**





### Multiple modes of CBSE Counselling 2019



### Centralized Toll Free Access in India

**Students can dial a toll free number 1800 11 8004 from any part of the country** which will give centralized access to CBSE helpline. **The toll free access will provide two options to callers in the country.:**

- IVRS : for useful tips on dealing with results
- Line Connectivity: students will be connected to the principals or counsellors and special educator in case of result related anxiety or stress through tele operators.

The tele helpline will be operational from 08 AM to 10 PM from 02<sup>nd</sup> May to 16<sup>th</sup> May 2019 on all days, while IVRS can be accessed anytime anywhere by callers.

### CBSE Website:

Techniques to cope with result related anxiety are available at the CBSE website [www.cbse.nic.in](http://www.cbse.nic.in) by accessing icon Helpline.

**RAMA SHARMA**  
**SENIOR PUBLIC RELATIONS OFFICER**