

CENTRAL BOARD OF SECONDARY EDUCATION
2, COMMUNITY CENTRE, PREET VIHAR, DELHI – 110092

S/PA/06/

1st February, 2006

Circular No: 03/06

To

All Heads of Institutions
Affiliated to the Board

Dear Principal,

**Sub: Physical Education as an Elective Subject at the Senior
Secondary level**

The Board offers Physical Education as one of the Elective Subjects at the Senior Secondary level under the academic stream. Schools are granted affiliation to this Subject after the fulfillment of certain conditions which include the availability of play ground and other teaching facilities. It is also imperative that the schools should have a fully qualified teacher with Master's Degree in Physical Education in order to teach the Subject.

It is important that the students who opt for this Subject should be able to enhance their competence and aptitude in sports and games. Further this should help in improving their fitness levels for participation and performance in various activities. This would be possible only if adequate improvement is brought in the transaction of the curriculum of this Subject.

It has been brought to the notice of the Board that some schools do not adequately attend to the needs for effective transaction of the curriculum of this Subject. The schools are, therefore, informed that:

- a. No school which does not have a fully qualified teacher in the Subject is entitled to have affiliation for the Subject at the Senior Secondary level.
- b. The schools offering Physical Education as an Elective Subject at Senior Secondary Level should have at least a 200 Meters Track and free space sufficient to create a Basketball / Volleyball / Handball / Kho Kho court.
- c. Schools are required to provide adequate thrust and emphasis in realizing the curricular objectives of the Subject and shall provide adequate support mechanisms in terms of equipment for effective transaction.

Any non-compliance of the basic requirements for teaching this Subject would attract the provisions of the affiliation bye-laws for withdrawal of permission for teaching this Subject at the Senior Secondary level.

P.T.O.

Further, the schools are advised to give greater thrust to Physical and Health Education at the middle and secondary school level to improve general fitness level of the students so that the learning domains of the Subject effectively contribute to the physical and mental well being of the students. It is equally important to identify and nurture talents in sports to enable them to participate in sports events at various levels.

The Board is confident that the schools would appreciate the importance and relevance of Physical and Health Education and take appropriate steps to strengthen the curricular objectives.

Yours faithfully,

(VINEET JOSHI)
SECRETARY